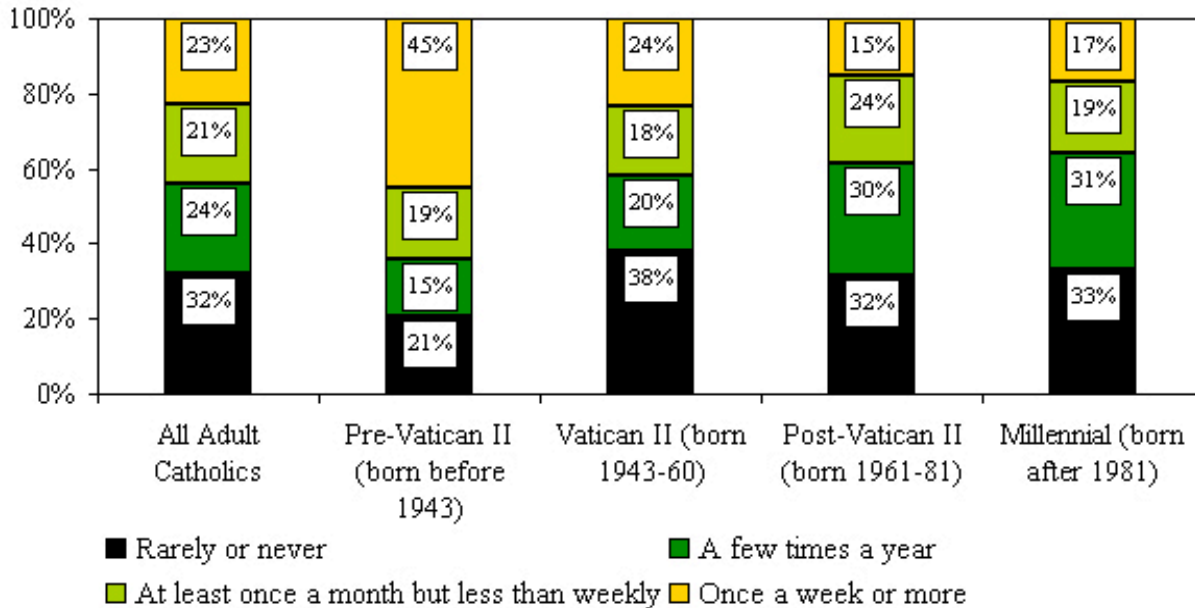


Sacraments Today: Belief and Practice Among U.S. Catholics

The Center for Applied Research in the Apostolate (CARA) at Georgetown University asked each of the generations on the frequency of Mass attendance and Catholic sacramental practices (2008).

Aside from weddings and funerals, about how often do you attend Mass?

Percentage responding as such among all adult Catholics and by generation



Lenten Practices Among the Generations

Sacraments Today (Lenten Practices), Center for Applied Research in the Apostolate (CARA), 2008
Percentage responding "yes" to each of the questions. Asked by Generation.

	Pre-Vatican II (Ages 65-85)	Vatican II (Ages 45-65)	Post-Vatican II (Ages 30-45)	Millennial (Ages 18-30)
Do you <u>abstain from meat</u> on Fridays during Lent?	64%	59%	59%	61%
Do you <u>typically receive ashes</u> at Ash Wednesday services?	58%	40%	40%	50%
Do you <u>give up or abstain from anything else</u> during Lent?	33%	34%	38%	46%
Do you <u>do anything positive</u> , such as giving money to the needy or trying to be a better person during the Lent season?	50%	45%	41%	40%

The Changing Spirituality of Emerging Adults Project (2008-2013)

Observing a changing young adult landscape; understanding Millennial behavior in faith and society

The Catholic University of America: American Catholic History Research Center & University Archives
<http://archives.lib.cua.edu/findingaid/changspir.cfm> - research, essays, and commentaries